

TOGETHER Time

Parenting Tips For Early Childhood

Volume 3, Issue July 2023

Coordinators Message

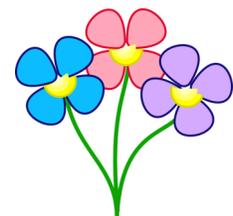
I can't believe that we are already halfway through the summer months. We have had some amazing and some not so amazing weather. Hopefully you have had some time to get outside and play in the sun and even the rain! We have had some busy few months in the coalition. We finished up our grant applications and our grants have now been processed and sent out for your fall/winter programming. Congratulations to Borderland School Division, Jake Epp Library, Bibliothèque Ste. Anne Library, South Eastman English and Literacy Services, Niverville Recreation, Rat River Recreation on being the 2023/24 grant recipients. Keep an eye out for program information in the next few months.

Movement

Between the ages of 2-3 years, children like to be on the move and want to explore the world around them. To move their bodies, children use both their large muscles to do whole body activities such as running and catching, and they use their small muscles to do hand and finger activities like tying their shoes or colouring between the lines. *Source:* Play & Learn - Games and Activities-Early Child Development | Health HQ

Follow the link below for a fun activity in balance!

https://playandlearn.healthhq.ca/en/toddlers/movement?utm_source=Play%26Learn&utm_campaign=0b4aa762b7-AUTOMATION_Play_Learn_Toddler_Activity_Automation_&utm_medium=email&utm_term=0_3abda74209-0b4aa762b7-



There's still lots of summer to be had! Thanks to our friends at **Bookmates** for this fun way to incorporate reading into summer activities!

 **SUMMER READING BINGO** 

 Read a book sitting under a tree	 Read a book to a toy or a pet	 Read a recipe and bake together
 Read a book with a friend	 Have a picnic and bring books to read	 Read a book in a fort
 Read a book under blankets using a flashlight	 Read a book and draw a picture about the story	 Read a book outside with someone you love

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 Bookmates

Bookmates Inc. is a non-profit organization focused on the development, and delivery of family literacy and learning programs



Program Ideas

Do you have a program idea? Does it fit into the grant funding criteria? I'd love to hear it. We are always open to ideas for new ideas to help your community thrive.

Contact jwaite@southernhealth.ca for more details.

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