

Community Programs



Promoting Mental Health in Young Children

An interactive parent-child program to promote mental health in young children.



Block 1:
Building Trust and Attachment



Block 2:
Promoting & Enhancing Self-esteem



Block 3:
Expressing Emotions



Block 4:
Relationships with others

This program is designed for parents with children aged 0-5. Parents will be in each session with our facilitator while we have childminders available for children aged 2+ in another room.

WHO: Free & Open to all!

WHERE: HyLife Centre - 22 Arena St. La Broquerie

DATES: Mondays, April 24, May 1, 8, 15, 29, & June 5

TIME: 5:30-6:30 PM

REGISTER @ labroquerie.com/p/leisure-registration



Healthy Child
Coalition

Questions?
Call 204-424-5251 or email
Lsprograms@rmlabroquerie.ca

Municipalité de La Broquerie
La Broquerie

JAKE EPP LIBRARY SPRING 2023

TODDLER & ME

18M-36M WITH CAREGIVER
WED OR THU 9:45AM-10:45AM
6 WEEKS - APRIL 19 TO MAY 25
SONGS, CRAFTS, STORIES & MORE!

PRE SCHOOL STORY HOUR

AGES 3-5 WITH CAREGIVER
WED OR THU 11:00AM-12:00PM
6 WEEKS - APRIL 19 TO MAY 25
SONGS, CRAFTS, STORIES & MORE!



REGISTER ONLINE
STARTING
WEDNESDAY APRIL 5 AT 10:00AM

WWW.JAKEEPLIBRARY.COM

QUESTIONS? EMAIL
SMCLEAN@JAKEEPLIBRARY.COM

All Aboard the Number Train

Math Fun for Preschoolers



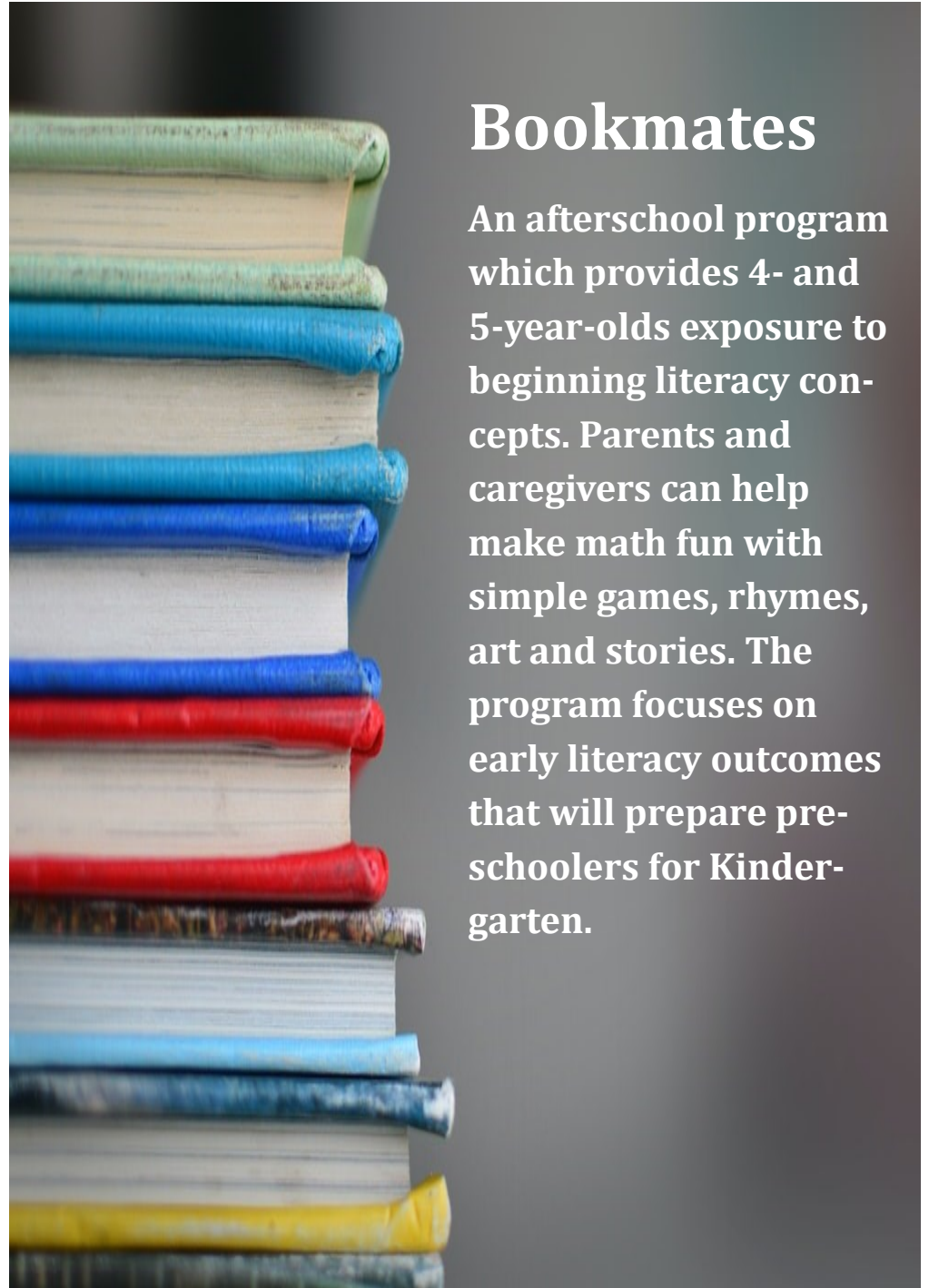
An afterschool program which provides 4- and 5-year-olds exposure to beginning number concepts. Parents and caregivers can help make math fun with simple games, rhymes, art and stories. The program focuses on very basic math outcomes that will prepare preschoolers for kindergarten.

**Number Train and Bookmates alternate
Wednesdays beginning April 26 4:30-5:30
at Ross L Gray School.**

(204)437-2175

Bookmates

An afterschool program which provides 4- and 5-year-olds exposure to beginning literacy concepts. Parents and caregivers can help make math fun with simple games, rhymes, art and stories. The program focuses on early literacy outcomes that will prepare preschoolers for Kindergarten.



Come and Visit... and Stay to Play!!

WILL BE CONTINUING

TUESDAYS ONLY

From April 4 – May 16

RLG, BLSD, and Southern Health are hosting a free stay and play for families and their caregivers in the area.

- ❖ The Stay to Play will be held Tuesdays.
- ❖ Starting April 4 through May 16.
- ❖ The children will come and explore and participate in various activities that will strengthen their social skills and help promote independence.
- ❖ Parents will be directly involved in the activities and be exposed to techniques that will enhance their children's skills.
- ❖ This is an opportunity for parents to learn with their children, children to interact and make new friends, and for everyone to meet other families in the community.
- ❖ A Snack will be provided.

Where: Ross L. Gray Library

When: FROM 9:30-11:30

Who: Babies and children up to age 5 and their parents/caregivers.

PLEASE REGISTER SO OUR COORDINATOR CAN PLAN APPROPRIATELY.

When registering please leave your name and your child(ren) name and age.

To register please contact

Courtney Rozsa at rozsagirl.6@gmail.com

Or Carly Chubaty or Adriane Culleton at 204-437-2175

chubatyc@blsd.ca or culletona@blsd.ca



toddler Shenanigans

10-11:30am

10 h - 11 h 30

May 3 - Cinema Station

3 mai - Cinema Station

May 17 - Cinema Station

17 mai - Cinema Station

**caregivers must be in attendance

**Les aidants naturels doivent être présents

Coffee, tea, &
snacks provided!

Café, thé et
snacks fournis!

REGISTRATION ENCOURAGED:

www.ratriverrecreation.com



Storytime Program

Grunthal Arena

Tuesdays, May 2 - June 27

Thursdays, May 4, 11, 18

10:00-11:00am

Parent+Tot, Ages 0-5

FREE!

Grant funded by the Healthy Child Coalition!



GRUNTHAL
PARKS+REC



\$25
Registration
Fee

PARENT & TOT



12 WEEKS

GROUP FITNESS

REGISTER ONLINE OR EMAIL

<https://app.univerusrec.com/hanoverpub/recreation@hanovermb.ca>

Mitchell Community Centre

Friday's

9:30am-10:30am

April 14 - June 30



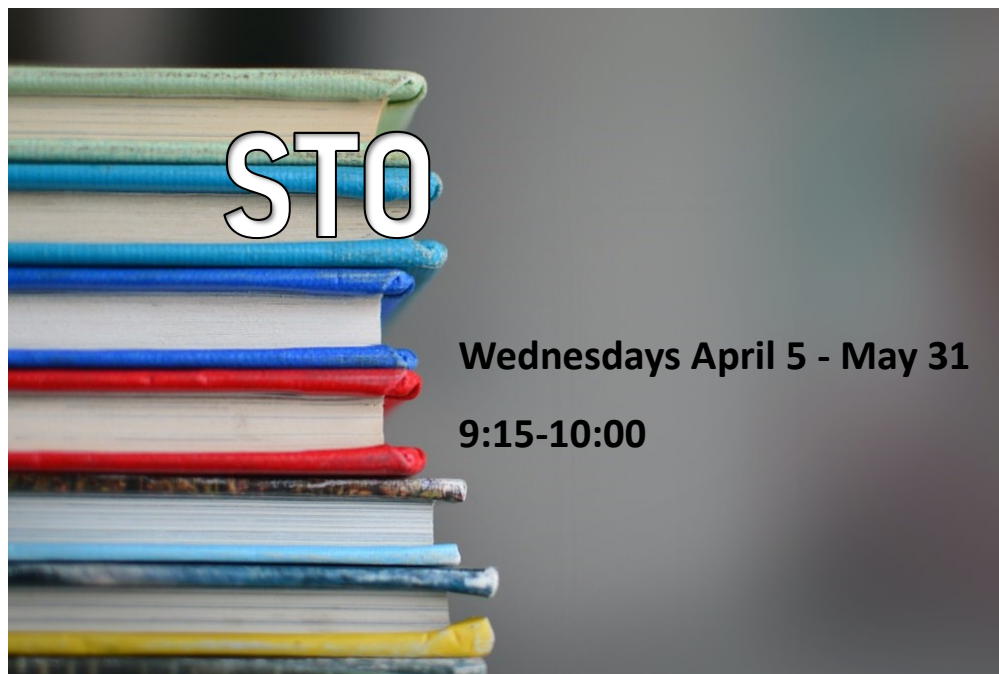


Every other Saturday
beginning April until
May 13

10:00-11:00



Tuesdays April 4 – May
9 5:00– 6:00



Wednesdays April 5 - May 31
9:15-10:00

Niverville Recreation & Wellness
Centre



















501 Centre St, Niverville, MB R0A
1E0

(204)388-4600 ext 3



MAY 2023

Steinbach Family Resource Centre

Monday	Tuesday	Wednesday	Thursday	Friday
1 Preschool 10 am and 1 pm 	2 Rock & Rattle 10:30am and 1:30pm 	3 Preschool 10 am Coping With Change 10:30am Nobody's Perfect 1-3pm 	4 Tick Tock Toddler 10:30 am 	5 Breastfeeding Group 10:30 am 
8 Preschool 10 am and 1 pm 	9 Special Delivery Club 1:30 pm and 6:30 pm 	10 Coping With Change 10:30am Nobody's Perfect 1-3pm 	11 Discovery Zone 10:30 am 	12 Breastfeeding Group 10:30 am 
15 Preschool 10 am and 1 pm 	16 Rock & Rattle 10:30am and 1:30pm 	17 Preschool 10 am Coping With Change 10:30am Nobody's Perfect 1-3pm 	18 Tick Tock Toddler 10:30 am 	19 Breastfeeding Group 10:30 am 
22 Closed for Victoria Day	23 Special Delivery Club 1:30 pm and 6:30 pm 	24 Preschool 10 am Coping With Change 10:30am Nobody's Perfect 1-3pm 	25 Discovery Zone 10:30 am 	26 Breastfeeding Group 10:30 am 
29 Preschool 10 am and 1 pm 	30 Rock & Rattle 10:30am and 1:30pm 	31 Preschool 10 am		

Email family@steinbachfrc.ca

www.steinbachfrc.ca

Office Hours: 9-4:30pm (Mon-Fri)

101 North Front Drive

Steinbach, MB R5G1X3

Phone: (204) 346-0413