

# National Child Day 2015



## Links for NCD resources:

<http://www.kidsrightsindex.org> - The KidsRights Index is the annual global index which ranks how countries adhere to and are equipped to improve children's rights.

<http://www.scyofbc.org> - Society of Children and Youth of BC

<http://www.childfriendlycommunities.ca> - Resources on Children's rights

<http://rightsofchildren.ca> - Canadian Coalition for the Rights of Children  
The Canadian Coalition for the Rights of Children (CCRC) works to achieve full implementation of the Convention on the Rights of the Child in Canada and globally.

<http://www.unicef.ca/en/our-work/article/global-classroom> - UNICEF Global Classroom  
The Global Classroom is UNICEF Canada's program to support and expand teaching and learning for global citizenship and rights respecting education through a children's rights approach.

<http://www.excellence-earlychildhood.ca/home.asp> - Centre of Excellence for Early Childhood Development

<http://www.scyofbc.org> – Society of Children and Youth of BC and  
<http://www.childfriendlycommunities.ca> - A Child and Youth Friendly Community (CYFC) seeks to fulfill children's rights in the spaces that affect them the most, namely their neighbourhoods or communities.

## Links to Screentime / Physical Activity Balance:

<http://www.aboutkidshealth.ca>: Sedentary Behavior Guidelines: How to reduce your child's screen time.

<http://www.caringforkids.cps.ca/> - Tips for limiting screen time at home

<http://healthyandhappy.sickkidsfoundation.com/> - How to: reduce your child's screen time

<http://www.participaction.com> – Tips and ideas to reduce kid's screen time and ideas for physically active time.